Florenceville Middle School April 2016 Newsletter

School Vision - "All students will be given the opportunity and support to become responsible citizens."

School Mission – "The mission of FMS is to develop students who are intellectually, technologically, physically and socially ready for their place in the 21st Century world.



Festivals and Fairs and Celebrations Abound!

Congratulations to all Grade 8 students (and the 7s who participated too!) for their dedicated work on their Science Projects. Winners were announced at the Rally last week, but we are super proud of all the hard work that all students put into their projects. Several will be participating in the Regional Fair on April 15th. We are also looking forward to seeing more great student work in the upcoming Grade 6 Heritage Fair! Way to go, Falcons!!

Two students represented FMS at the **Regional Chess Tournament** at Nackawic Elementary School a few weeks ago. Raagav Prasanna represented Grade 7s and Nathan Orchard represented Grade 6s. Contratulations to Raagav who has been invited to the Provincial Chess Tournament! Many thanks to Mme Muise for encouraging all our chess players!

We are also very proud of all our students who are performing this week in the **Musical Festival of the Arts**, including both our school bands. Thanks to Mr. Golding for making the time to keep our more experienced instrumentalists active while also nurturing our newest crop of band students!

The "Let's Talk Science" Challenge at UNB Fredericton will take place April 22nd and again this year, Mme Morin is working with Teams who are planning and learning together. Good luck to those Teams as they prepare for this great event!

Most FALCONS are working diligently in **our attendance challenge** and we appreciate the efforts that classes and individuals are making to attend daily. We recently had three homerooms have 100% attendance in the same week. That's AWESOME! Keep up the great work!

In our March rally, we also recognized students who had **set and achieved individual goals** sometime in March. This time around, most of the goals were reading and writing goals; however, we want to celebrate goal-setting and achieving of any and every kind by our students. Encourage your child to share their current goal(s) with a teacher and when they achieve, we can celebrate with them! This will be something we do monthly in our rallies.

For years now, we have celebrated a few FALCONS each month who have exhibited components of the FALCONS code. There are many examples of Friendly, Accountable Leaders being Cooperative, Organized, Nurturing and Successful at FMS. Recently we have encouraged students to take the time to recognize these behaviours too by nominating a fellow FALCON. These students will also be recognized at our monthly rallies.

District Education Council (DEC) elections are being held May 9, 2016. Candidates do not need to have previous experience and do not need to be a parent. Check out the information on our webpage or pick up a pamphlet the next time you are in the office. This might be a great opportunity for you or someone you know!

April 2016

6th: FMS newsletter

7th: Parent-Teacher 5:00-8:00 pm

8th: No school for students: Parent-Teacher and Professional Learning Day

15th: Heritage Fair

18th-19th: Professional Learning Days

20th: TWOKAM – Talk With Our Kids About Money!

22nd: Let's Go Science at UNB

26th: PCAP assessment (Grade 80 only)

May 2016

3rd to 5th: FMS Book Fair

4th: FMS newsletter

6th: Provincial Council Day – No school for students

11th: Go Girls for Grade 8 Girls

13th: UNB Math Competition

16th: Local Branch Meeting Day – No school for students

23rd: Victoria Day – No school

24th: PSSC Meeting

28th: FMS is the site of the Relay for Life

TBA: Moving Up Day

Upcoming Events

"Talk With Our Kids About Money" (TWOKAM), an initiative by the Canadian Foundation for Economic Education (CFEE), is on April 20th this year. The goal of the program is to engage students and their families in conversations that will lead to responsible fiscal behaviours at developmentally appropriate levels. The Home Program on the "Talk With Our Kids About Money Day" website provides parents and guardians with ideas, activities, tools, resources, etc. to help them engage their kids in talks and activities about money on the "Talk Day" or any day! The support resources are organized by age range – e.g. ages 5-7, ages 8-10, etc. There are ideas for activities in the community, day trips that could be taken, games, activities, music, TV shows and movies to watch. The ideas, activities, etc. aim to make the suggested "talks" and interactions comfortable and a good fit with the parent/child relationship. There is no cost. Check it out!!

Our next **Book Fair** is just around the corner! It will be open for students to view and purchase books between May 3 – 5. Save your coins! We know how much you love to buy books and support our library at the same time! ©

The Grade 8 Farewell Party is scheduled for Thursday, June 2. This event is meant to be inclusive for all who attend, allowing all to feel comfortable and welcome regardless of dress and financial situation. It is **not** a mini prom. It is an informal party where many dance while others play in the gym or just hang out together. No students should be informing parents that they need a prom dress or other formal wear. (Some of the girls do choose to wear a sundress that they already have or purchase to use for many occasions this summer. Most boys wear shorts.)

Alvin Powell is a former NFL offensive lineman for the Miami Dolphins and the Seattle Seahawks. At 6-foot-5, 320-pounds, he was an imposing figure on the football field. Alvin fell prey to the disease of addiction and is now recovered. He has turned his life around and is working helping others quit their habit and **to** prevent young people from ever starting(http://www.savingstationfoundation.com). He will be sharing his story with the community on Wednesday, April 13th at 7pm at the Florenceville Baptist Church (167 Burnham Road).

Nurture Your Child's Mental Health

Did you know that mental health is just as important as body health? Your mental health impacts how you feel, act, and think. Parents can help nurture their child's mental health in different ways:

YOUR

EMOTIONS

ARE VALID

- Spend some time with your child each day by eating at the dinner table or by helping them with their homework. This quality time will help build a strong relationship with your child and will teach them how to build strong relationships in the future.
- <u>Help your child feel good about themselves</u> by building up their self-esteem. To do this, recognize their efforts as well as their accomplishments. Show them you love them and show interest in things they're interested in.
- Respect and listen to your child. Encourage your children to share their feelings, and listen to them when they talk. Talk about your feelings as well to set a good example.
- Keep the home positive and safe. Monitor their use of media, such as TV and the internet, and allow time for physical activity.
- <u>Teach your child how to handle difficult situations</u>. Teach them how to relax when they are upset, such as by going for a walk or taking deep breaths. Encourage them to think about possible ways to make the situation better, don't tell them what to do.